

DERMAPEN TREATMENT INSTRUCTION

This important information is provided to assist you before, during and after your procedure. We want you to get the best possible result and promise to do our best to care for you. Please follow our instructions. If you have any questions or concerns regarding your treatment, please call our office at (501) 661-1234. You may also contact Dr. Sloan at (501) 258-2203.

CARE BEFORE YOUR PROCEDURE

Skin care regimen two weeks prior to treatment which will be explained at the time of your consultation by your skin care specialist (also see attached page).

Protect your skin from sun exposure for two weeks before and two weeks after each treatment by using a sunscreen that is PABA free, waterproof, SPF 30 or greater and effective against UVA and UVB light.

No Retinoids (Tretinoin, Retinol, Differin) in the treatment area ONE WEEK prior to procedure.

No spray/self-tanning in the treatment area for TWO WEEKS prior to procedure.

NO laser hair removal, dermabrasion or a deep chemical peel for ONE MONTH prior to procedure.

DAY BEFORE YOUR PROCEDURE

Our office will contact you to confirm the time of your procedure. If you do not hear from us, need to reschedule or have any questions, please call our office at (501) 661-1234.

DAY OF YOUR PROCEDURE

Do not apply moisturizer, lotion, perfume, or makeup to the treatment area the day of your procedure. If so, be prepared to wash it off upon arrival.

CARE AFTER YOUR PROCEDURE

During the healing process, minor itching, hives, flaking or redness may appear. If symptoms persist, please call our office at (501) 661-1234.

Do not pick, squeeze or agitate treatment area during the healing phase.

Light, non-occlusive and non-comedogenic makeup can be applied 24 HOURS post-procedure.

Please avoid the following activities for TWO DAYS following the procedure:

- Ultraviolet exposure
- Exercise
- Hot water
- Surgery or cosmetic treatment
- Spray or self-tanner
- Swimming pool, lake, ocean
- Tattooing

Please avoid the use of skin care products containing any of the following ingredients for FIVE DAYS following procedure:

- Alpha hydroxyl acids (AHAs)
- Beta Hydroxyl acids (BHAs)
- Retinoids
- Hydroquinone
- High levels of kojic acid or azelaic acid
- Alcohols